

OCPT INC PRESENTS

# **SPORTS PERFORMANCE TRAINING**

## **SUMMIT**

*Peak Performance. Full Commitment.*

Maximum results, top-tier training for serious athletes or those in-season prep.

Ideal for: Competitive athletes & post-rehab return to sports

**\$150**

1-ON-1 EXPLOSIVE TRAINING  
60 MINUTES

## **EDGE**

*Sharpen your skills. Elevate your game.*

Focused development with flexibility — the perfect balance of structure and intensity.

Ideal for: Athletes in off-season training or those needing targeted performance boosts.

**\$120**

60-MIN GROUP CLASSES OF 2 ATHLETES



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**OCPT Inc.**