

OCPT INC PRESENTS

SPORTS PERFORMANCE TRAINING

SUMMIT

Peak Performance. Full Commitment.

Maximum results, top-tier training for serious athletes or those in-season prep.

Ideal for: Competitive athletes & post-rehab return to sports

\$150

1-ON-1 EXPLOSIVE TRAINING
60 MINUTES

EDGE

Sharpen your skills. Elevate your game.

Focused development with flexibility – the perfect balance of structure and intensity.

Ideal for: Athletes in off-season training or those needing targeted performance boosts.

\$120

60-MIN GROUP CLASSES OF 2 ATHLETES



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OCPT Inc.